



ASSISTANT TEACHING HOURS:

Working one-on-one with the instructors will be invaluable in gaining professional feedback. This is your opportunity to showcase what you have learned and to continue to fine-tune your teaching skills. ***We ask that you begin Assistant Teaching as soon as you can so that you can teach all the exercises on your exercise sheet at least two times.*** Be sure to seek variety in your assistant teaching hours, both in terms of the instructor as well as types of sessions (groups and privates). Remember to have the instructor sign off for every hour you assist.

Please contact Instructor that you would like to Assist at least 24 hours in advance to get permission to assist in their class. Once the instructor agrees, email the exercise or exercises that you would like to teach so she can plan her class accordingly.

If you already start teaching a full class,

it is your responsibility to send your class plan with tension and repetition count to purepassionpilates@gmail.com It is again your responsibility to follow up with Billie to see if that is OK or if you need to change anything.

No exceptions **till you get certified!!!!**